

Abstract

A dual functional pedal-operated exercise bicycle comprises : a front wheel,
a rear wheel mounted to a rear end of a frame, a pair of reciprocating pedals
5 disposed to two sides of the frame, a crank means disposed to a middle portion
of the frame characteristically rotated in a backward direction, a chain system,
and a pair of rotating direction transmitting gears, and further comprising a rear
wheel lifting stand to use for an indoor exercising therefore.